



**PennState**  
Abington



# Psychological and Social Sciences

## Summer 2018 Undergraduate Courses and Degrees

For additional information about our faculty and program, please visit:  
<http://abington.psu.edu/psychological-and-social-sciences>  
<https://www.facebook.com/PSUAbingtonPSS/>

# Psychological and Social Sciences Degrees

The Psychological and Social Sciences program offers inter-disciplinary training across four social science domains: Psychology, Sociology, Human Development and Family Studies, and Anthropology. Our B.A. and B.S. degrees encourage students to build a broad base of social scientific knowledge and skills that will help them prepare for graduate school or careers in therapy, basic and applied psychological research, mental health advocacy, program evaluation, social work, community outreach, diversity training and leadership, and non-profit organizations.

## **B.A. in Psychological and Social Sciences**

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The B.A. degree provides a broad foundation in social science and psychological theory, methods, and research. Students will take a range of courses focusing on social psychology, developmental studies, organizational behavior and leadership, counseling, inequality, cultural difference, and scientific approaches to understanding human behavior. This degree also offers students the opportunity to master a foreign language and acquire broader knowledge of the global world.

## **B.S. in Psychological and Social Sciences**

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The B.S. degree is a research-oriented degree where students gain expertise in the science of studying human behavior. This degree emphasizes both quantitative and qualitative research, with students completing additional courses in advanced biology, mathematics, and methodology to complement their knowledge of psychological and social theory. All students will complete a year-long, independent senior thesis under the guidance of a faculty mentor, providing them with hands-on experience conceptualizing, designing, and carrying out a research project.

## **Minor in Anthropology**

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The Anthropology minor is designed to provide undergraduate students with exposure to the range of human variation across time and space. Our minors enroll in courses that explore the sub-disciplines of archaeological, biological, and cultural anthropology.

## **Minor in Human Development and Family Studies**

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The HDFS minor is a multidisciplinary degree that examines the development of individuals and families across the life span. Students obtain a broad background in these topics through courses emphasizing the biological, psychological, social/cultural, and economic aspects of development.

## **Minor in Psychology**

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The Psychology minor is designed to provide undergraduate students with a broad overview of topics and domains within psychology, skills related to research methods in psychology, and deeper knowledge of research, theory, and the application of psychology in one or two specific content domains.

## **Minor in Sociology**

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The sociology minor allows students to explore the wide range of topics, social groups, and interactions studied by sociologists. From social inequalities involving gender, race, social class, and sexuality to the institutions of family, religion, and government, the diversity of subjects available allows sociology minors to take courses relevant to their interests.

## **Bachelor of the Arts (B.A.) in Psychological and Social Sciences**

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The B.A. degree in Psychological and Social Sciences requires a minimum of 121 credits.

**GENERAL EDUCATION:** 45 credits

**ELECTIVES:** 5-6 credits

**BACHELOR OF ARTS DEGREE REQUIREMENTS:** 24 credits

Foreign Language (0-12 credits)

B.A. Fields (9 credits)

Other cultures (3 credits; satisfied by courses included in the major)

**REQUIREMENTS FOR THE MAJOR:** 46-47 credits

**PRESCRIBED COURSES** (9 credits)

PSYCH 100

ANTH 45

PSYCH 200

**ADDITIONAL COURSES** (15-16 credits)

SOC 1 or SOC 5

HDFS 129 or PSYCH 212

HDFS 312 or PSYCH 301

BBH 301 or HDFS 301

PSYCH 495 (Internship)

**SUPPORTING COURSES AND RELATED AREAS** (21 credits)

PSYCH or HDFS courses (6 credits)

SOC or ANTH courses (6 credits)

Additional courses in PSYCH/SOC/HDFS/ANTH (9 credits)

\*\* At least 15 credits must be at the 400-level

**FIRST-YEAR SEMINAR**

(requirement waived at Abington)

**UNITED STATES CULTURES AND INTERNATIONAL CULTURES**

(satisfied by courses included in the major)

**WRITING ACROSS THE CURRICULUM**

(satisfied by courses included in the major)

*NOTE: Students must receive a C or better for courses to satisfy major requirements.*

## **Bachelor of Science (B.S.) in Psychological and Social Sciences**

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The B.S. degree in Psychological and Social Sciences requires a minimum of 121 credits.

**GENERAL EDUCATION:** 45 credits

**ELECTIVES:** 12-17 credits

**REQUIREMENTS FOR THE MAJOR:** 66-70 credits

### **PRESCRIBED COURSES** (17 credits)

MATH 110  
PSYCH 100  
ANTH 45  
PSYCH 200  
SOC 471

### **ADDITIONAL COURSES** (29 credits)

BIOL 110 or BIOL 141/BIOL 142  
SOC 1 or SOC 5  
HDFS 129 or PSYCH 212  
HDFS 312 or PSYCH 301  
BBH 301 or HDFS 301  
CAS 352 or CAS 455  
PSYCH 494 (Senior Thesis, two semesters)  
PSYCH 495 (Internship)

### **SUPPORTING COURSES AND RELATED AREAS** (21 credits)

PSYCH or HDFS courses (6 credits)  
SOC or ANTH courses (6 credits)  
Additional courses in PSYCH/SOC/HDFS/ANTH (9 credits)  
\*\* At least 12 credits must be at the 400-level

### **FIRST-YEAR SEMINAR**

(requirement waived at Abington)

### **UNITED STATES CULTURES AND INTERNATIONAL CULTURES**

(satisfied by courses included in the major)

### **WRITING ACROSS THE CURRICULUM**

(satisfied by courses included in the major)

*NOTE: Students must receive a C or better for courses to satisfy major requirements.*

## Minor in Anthropology

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The minor in Anthropology requires a minimum of 18 credits.

**PRESCRIBED COURSES:** 9 credits

ANTH 2  
ANTH 21  
ANTH 45

**ADDITIONAL COURSES:** 9 credits

Select 3 credits in ANTH courses (excluding ANTH 1)  
Select 6 credits in ANTH courses at the 400 level

## Minor in Human Development and Family Studies

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The minor in Human Development and Family Studies requires a minimum of 18 credits.

**PRESCRIBED COURSES:** 3 credits

HDFS 129

**ADDITIONAL COURSES:** 15 credits

Select 15 credits in HDFS courses (at least 6 credits at the 400 level)

## Minor in Psychology

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The minor in Psychology requires a minimum of 18 credits.

**PRESCRIBED COURSES:** 7 credits

PSYCH 100  
PSYCH 301

**ADDITIONAL COURSES:** 11 credits

Select 11 credits in PSYCH courses (at least 6 credits at the 400 level)

## Minor in Sociology

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The minor in Sociology requires a minimum of 18 credits.

**PRESCRIBED COURSES:** 3 credits

SOC 1

**ADDITIONAL COURSES:** 15 credits

Select 15 credits in SOC courses (at least 6 credits at the 400 level)

*NOTE: Students must receive a C or better for courses to satisfy minor requirements.*

# PSS Course Listings

## Summer 2018

### Anthropology

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ANTH 021: Introductory Biological Anthropology

ANTH 045: Cultural Anthropology

### Human Development and Family Studies

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HDFS 129: Introduction to Human Development and Family Studies

### Psychology

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PSYCH 100: Introductory Psychology

PSYCH 221: Introduction to Social Psychology

PSYCH 270: Introduction to Abnormal Psychology

PSYCH 301: Basic Research Methods in Psychology

PSYCH 423: Social Psychology of Interpersonal and Intergroup Relations

PSYCH 495: Internship

### Sociology

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SOC 001: Introductory Sociology

SOC 406: Sociology of Deviance (cross-listed with CRIMJ 406)

# Anthropology Courses

## ANTH 21: Introductory Biological Anthropology

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Dr. Peter Capelotti

TuWeTh, 8:00am – 11:30am

Summer Session 1 (5/7 – 6/6)

Biological anthropology explores the evolutionary biology of humankind based on data excavated from the fossil record and studies of the human skeleton, as well as studies of the genetics of individuals, populations, and non-human primates, along with studies of human behavior and adaptation. By the end of this course, students will be able to recognize and discuss core discoveries in the human fossil record; to the discovery of the age of both the Earth and the human presence upon it; and to the revolution in human thought brought about by Alfred Russel Wallace and Charles Darwin, and the conflicts between Darwinism and the Bible. As such, the course prepares students for further work in anthropology, biology, and challenges them to think about their place in human history.

## ANTH 45: Cultural Anthropology

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Dr. Neri de Kramer

TTh, 10:00am – 1:00pm

Summer Session 2 (6/25 – 8/2)

Cultural anthropology is the study of human cultural variation across time and in global context. In this course, students will explore a broad range of concepts including culture and culture change, anthropological research methods, language, belief systems, political systems, family and marriage, and differences and inequalities of race, class, and gender. The purpose of the course is to become acquainted with these and other central concepts of cultural anthropology and to gain insights into how they explain and inform students' daily lives and experiences.

# Human Development and Family Studies Courses

## HDFS 129: Introduction to Human Development and Family Studies

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Dr. LaShonda Green

MW, 5:00pm – 7:40pm

Summer Session 2 (6/25 – 8/2)

This course provides a basic introduction to the concepts, theories, and research on human development as it occurs over the life span. Students will be introduced to developmental tasks and challenges unique to each stage of human development from the womb through infancy, early and middle childhood, adolescence, emerging adulthood, middle age and old age. Furthermore, attention is given to the central role of families and family life as a context for development. The formation of intimate relationships, marriage, marital processes, motherhood and fatherhood will be reviewed, as well as problems and challenges that families face such as financial stress, separation and divorce, abuse, and caregiving.



# Psychology Courses

## PSYCH 100: Introductory Psychology

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Jennifer Buechel

TTh, 9:00am – 12:00pm

Summer Session 1 (5/14 – 6/21)

This course provides an overview of the field of psychology, including research, theory, and application. Specific topics include the biological bases of behavior, sensation and perception, learning, cognition, motivation and emotion, development, social cognition and social influence, personality and individual differences, and mental disorders and therapy. A primary goal of the course is to show how questions within these areas are addressed through empirical research.

## PSYCH 221: Introduction to Social Psychology

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Dr. Michael Bernstein

M and Web, 10:00am – 12:40pm

Summer Session 1 (5/14 – 6/21)

Social psychology is the study of how people's thoughts, feelings, and behaviors are influenced far more by the situations, environments, and people around them than they think they are and even by their own personalities. We think that the reason why people behave the way they do is because "that's the type of person they are," but often times, factors beyond the person cause people to behave in various ways. In this class, we will cover myriad topics including aggression, intergroup relations, stereotyping, prejudice, discrimination, liking, loving, close relationships, leaderships, and a host of others. We'll discuss seminal work showing that ordinary people can be both led to supposedly kill another due to the power of the situation as well as sit still in a room on fire and not move a muscle to leave—all because of the situation. The course is a hybrid course, meaning lectures are watched online and class time is devoted to answering questions, class discussion and activities. Exams are open book/note and homeworks are submitted online.

## PSYCH 270: Introduction to Abnormal Psychology

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Dr. LaShonda Green

MW, 5:00pm – 7:40pm

Summer Session 1 (5/14 – 6/21)

This course focuses on some of the topics and questions people most commonly ask about psychology: What are the different psychological disorders? How do clinicians diagnose someone with a disorder? What do therapists actually do in therapy? In this course, students will (a) examine historical and current conceptions of normal and abnormal behavior; (b) survey the origins, symptoms, and characteristics of several adult psychological disorders;

and (c) be introduced to the main treatment approaches for psychological disorders. The course is designed to be accessible to both Psychology majors and others.

## **PSYCH 301: Basic Research Methods in Psychology**

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Jessie Briggs

WEB

Summer Session 2 (6/25 – 8/2)

Basic Research Methods in Psychology is an introduction to the methodology used in psychological research, with an emphasis on quantitative methods. Students will learn how to interpret, design, and conduct basic psychological research, conduct scientific literature reviews using library and other resources, think critically about scientific research, and identify appropriate methodologies and statistical tests to answer questions related to social sciences. This is a hands-on course. As such, students will apply what they learn in order to conduct two research projects over the course of the semester and communicate their findings in APA style research papers. Prerequisites for this course include Introductory Psychology (PSYCH 100) and an introductory course in Statistics (PSYCH 200 or STAT 200).

## **PSYCH 423: Social Psychology of Interpersonal and Intergroup Relations**

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Dr. Michael Bernstein

W and Web, 10:00am – 12:40pm

Summer Session 1 (5/14 – 6/21)

The purpose of this course is to gain a broad overview of the major topics and themes in social psychology with a particular focus on Interpersonal Relationships and then, separately Intergroup Relationships. Social psychology is distinct from personality psychology, as it focuses on the power of the environment and others in affecting our behavior and so the first half of the course will discuss topics related to dyadic interactions (romance, attraction, interpersonal aggression, helping behavior) while the second half focuses on intergroup relations (group conflict; stereotyping, prejudice, discrimination, stigma). Students read primary articles for each class and engage in numerous small writing assignments. Class participation is a significant component of the grade.

## **PSYCH 495: Internship**

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Dr. Michael Bernstein

Day and time arranged by appointment

Summer Session 1 & 2 (5/14 – 8/2)

The internship course is the academic component of the internship experience required of all PSS majors. Students will gain pre-professional experience in the field of psychology in order to explore career options in this field and to learn how theory and classroom learning is applied in real-world settings. Students will also develop and sharpen the skills needed

to work in a professional setting. In addition, this upper-level course is intended to help students integrate the diverse theory and research they have been learning through the PSS program curriculum. *[Note: Students interested in internships outside of psychology may satisfy this requirement as ANTH 495, HDFS 495, or SOC 495].*

# Sociology Courses

## SOC 1: Introductory Sociology

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Lori Schreiber

W and Web, 4:30pm – 7:55pm

Summer Session 1 (5/14 – 6/21)

This hybrid course introduces the student to sociology—the scientific study of society and human behavior. It will present some of the basic terms, concepts, and theoretical perspectives used by sociologists. The student will also explore the importance of social structures and social rules with respect to the historical shifts and cultural changes that have occurred. Because this class is both hybrid and accelerated, it is very fast paced. During the seven weeks of the class, students are expected to be online almost every day on both Canvas and an additional outside learning technology system. Therefore, students should have some degree of comfort using technology in addition to traditional teaching methods.

## SOC/CRIMJ 406: Sociology of Deviance

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Dr. David J. Hutson

TTh, 1:00pm – 4:00pm

Summer Session 1 (5/14 – 6/21)

This course introduces students to the central concepts, theories, and significant research in the sociology of deviance, with a particular emphasis on crime, medicalization, and gender. During the course, we will explore how people, groups, and institutions decide what behaviors, appearances, and ways of thinking are thought to be normal vs. abnormal. As will be shown, many of our beliefs around what is “deviant” are dependent on time and space: what is considered acceptable in one time period or culture is considered unacceptable in another. Therefore, this course will explore the social construction of deviance.

*Note: Courses are subject to change, and students should always consult the online LionPath listings for the most accurate and up-to-date information.*