PENN STATE ABINGTON



Abington Adventures

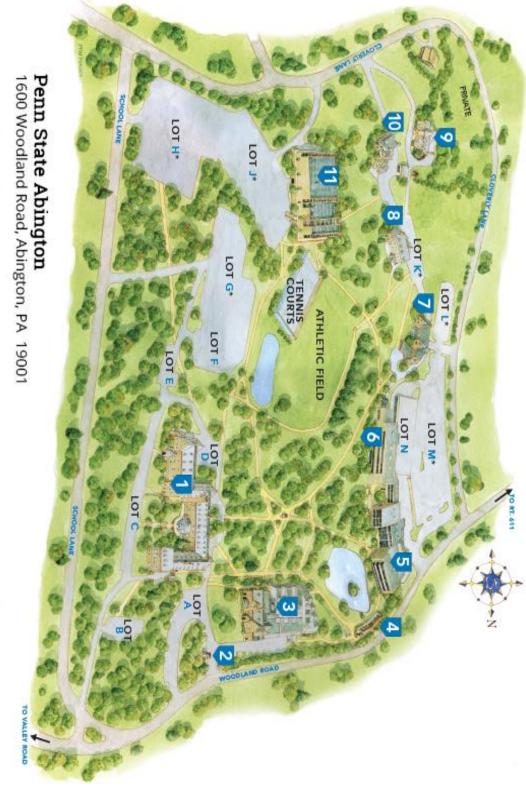
A Guide of Things to Do and Fun Places to Visit near Penn State Abington

Dear Students,

Welcome to the Penn State family! It is a pleasure to have you here, at Abington. In order to enrich your college experience, here is a guide to help you explore interesting spots around our campus. We encourage you to visit these fun places, try these delicious foods, and start building your own memories here. Enjoy the best four years of your life!

-Penn State Team

Campus Map



- Sutherland Building and Auditorium
- Information Kiosk (Visitor Parking)
- Lares Building

- Spring House
- Woodland Building and Art Gallery
- Ampitheater
- Rydal Building

- Conference Center
- Hillcrest Building
- Cloverly Building Athletic Building Student Parking

Housing

Lions Gate



Address: 1001 Old York Rd, Abington, PA 19001

Phone # (215)-881-7300

Website: http://abington.psu.edu/residence-halls

College Station



Address: 363 York Road, Willow Grove, PA 19090

Phone # (484)-431-5812

Website: http://www.collegetowncommunities.com/collegestation/

Towers at Wyncote



Address: 8470 Limekiln Pike, Wyncote, PA 19095

Phone # (215)-791-8295

Website: http://towersatwyncoteapartments.com/contact-us/

Regency Towers



Address: 1001 Easton Rd, Willow Grove, PA 19090

Phone # (215)-631-3306

Website: https://galmangroup.com/property/regency-towers/

Meadowbrook Apartments



Address: 1700 Huntington Pike, Huntington Valley, PA 19006

Phone # (866)-253-9272

Website: http://comehometomeadowbrook.com/floor-plans/

Nearby Parks

Lorimer Park



Address: 183 Moredon Rd, Huntingdon Valley, PA 19006

Description: "Lorimer Park is a 230-acre public park in Abington Township, Pennsylvania." For all nature enthusiasts! Great for taking strolls, picnics, nature watching.

Meadowbrook Bird Sanctuary



Address:1600-, 1628 Washington Ln, Jenkintown, PA 19046

Description: A quiet, charming little place to birdwatch.

Admission: Free to the public

Wissahickon Valley Park



Address: Valley Green Rd, Philadelphia, PA 19128

Description: "Wissahickon Valley Park contains 2,042 acres of parkland in Northwest Philadelphia, including the Wissahickon Creek from its confluence with the Schuylkill River to the northwestern boundary of the city with eastern Montgomery County."

Admission: Free to the public

Places to Play

Thunderbird Lanes



Address: 5830 Castor Ave, Philadelphia, PA 19149

Description: A fun place to come bowl with your friends or make new ones. You can even join a bowling league!

Admission: Prices and times vary, visit website / call

http://www.pikelanes.com

Dave & Busters



Address: 1995 Franklin Mills Cir, Philadelphia, PA 19154

Description: Sports-bar style setting where you can watch different sports team play, enjoy lots of fun arcade games and good food.

Admission: Prices vary visit website:

https://www.daveandbusters.com/

Muta Korean BBQ & Karaoke



Address: 5501 N Front St, Philadelphia, PA 19120

Description: "Philadelphia's premiere location for authentic Korean food and entertainment."

Admission: Prices vary based on individuals purchases

Hiway Theater



Address: 212 York Rd, Jenkintown, PA 19046

Description: This theater is a single-screen cinema, built in 1913. They show art-house, independent and foreign films.

Admission: \$9 - \$11.25

Philadelphia's Magic Gardens



Address: 1020 South St, Philadelphia, PA 19147

Description: A non-profit organization, folk art environment, and gallery space on South Street in Philadelphia, Pennsylvania.

Admission: \$5 - \$10

https://www.phillymagicgardens.org/

Philadelphia Zoo



Address: 3400 W Girard Ave, Philadelphia, PA 19104

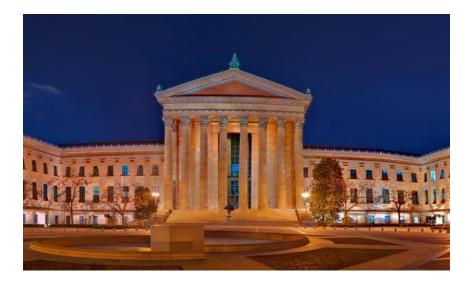
Description: Ranked as one of the top zoological destinations in the United States, the Philadelphia Zoo is home to over 1,300 animals (many of which are endangered species).

Admission: \$25

http://www.philadelphiazoo.org/Visit.htm

Museums

Phildelphia Museum of Art



Address: 2600 Benjamin Franklin Pkwy,

Philadelphia, PA 19130

Description: 'The cultural heart of a great city—the place for creative play, with a surprise around every corner." Here you will find modern art as well as old classics.

Admission: \$14 (with student ID, prices vary)

https://www.philamuseum.org/visit/

Mutter Museum



Address: 19 S 22nd St, Philadelphia, PA 19103

Description: Though it may look like a normal building on the outside, this is a medical museum filled with a collection of medical oddities, featuring wax figures, anatomical specimens as well as antique medical equipment.

Admission: \$13 (with student ID, prices vary)

http://muttermuseum.org/visit/hours-admission/

Franklin Institute



Address: 222 N 20th St, Philadelphia, PA

19103

Description: A largely recognized science museum featuring various exhibits ranging from augmented reality to a giant heart you can walk through.

Admission: \$23 (prices vary)

https://www.fi.edu/exhibitions

Sports

Lincoln Financial Field



Wells Fargo Center



Citizens Bank Park



Address: 1 Lincoln Financial Field Way, Philadelphia, PA 19148

Description: Philadelphia's largest football stadium, home of the Eagles, the National Football League Champions of 2018.

Admission: Ticket prices vary for

http://www.lincolnfinancialfield.com/

Address: 3601 S Broad St, Philadelphia, PA 19148

Description: This is a multi-purpose arena, in which you can catch a Flyers game (hockey) or the 76ers (basketball)

Admission: Ticket prices vary

https://www.wellsfargocenterphilly.com/

Address: 1 Citizens Bank Way, Philadelphia, PA 19148

Description: Home to the Philadelphia Phillies, this is the largest and most popular baseball field in Philadelphia.

Admission: Ticket prices vary

https://www.mlb.com/phillies/ballpark

Tasty Food to Try

Cafe Soho



468 W Cheltenham Ave, Philadelphia, PA 19126 Modern, colorful Asian fusion spot known for its Korean fried chicken wings served mild to spicy.

Uzbekistan Resturaunt



12012 Bustleton Ave, Philadelphia, PA 19116
Russian & Central Asian cuisine in old-world setting, with live music and dancing, praised for its various takes on Manti.

Sushi House



1595 The Fairway, Jenkintown, PA 19046
A casual Japanese sushi restaurant, known for its lunch menu

Jane G's



1930 Chestnut St, Philadelphia, PA 19103

A sleek restaurant offering Sichuan dishes, as well as a raw bar, known for its hot top.

Nadia's Thai Resturant



<u>3 Easton Rd, Willow Grove, PA 19090</u> Classis Thai curries along with noodle dishes served in a environment praised for its flower dumplings.

Passage Restaurant



10783 Bustleton Ave, Philadelphia, PA 19116
A modern European restaurant renowned for their chicken crepes.

Grub Burger Bar



159 York Rd, Willow Grove, PA 19090
A cozy place beloved for its burgers where you can try salads, wings, milkshakes and lots of other favorites.

Go Hyang San Chun



1907 W Cheltenham Ave, Elkins Park, PA 19027
Authentic Korean BBQ place, known for its assorted plates, giving you the chance to try every meat on the menu.

Senor Salsa



1301 Old York Rd, Abington, PA 19001
A casual Mexican restaurant offering many authentic Dishes, and renowned for its enchiladas.

Pho & Beyond



47 Easton Rd, Willow Grove, PA 19090 Vietnamese restaurant with noodle soups, plenty of appetizers to try from, and other traditional dishes.

Samarkand Steakhouse



1135 Bustleton Pike #2, Feasterville-Trevose, PA 19053 Atmospheric Uzbek venue with a huge menu featuring samsa, kebabs and many other traditional foods.

Jules Thin Crust



817 Old York Rd, Jenkintown, PA 19046 A modern chain pizza shop, known for its organic thincrust pizzas, salads and more.

Appendix

Parking Permit Request Form

In order to be able to park your car on Penn State Abington's parking lots you need to register for a parking permit. You can find the form here: http://abington.psu.edu/form/parking-permit-request-form

You pickup your permit at the Rydal Building (Security Office).

Purchasing / Renting Textbooks

Textbooks can be purchased or rented at the bookstore on campus in the Lares Building.



Chegg.com is another option where you can purchase or rent textbooks and receive online tutoring for classes.



On Amazon.com you can rent or buy textbooks, as well as shop online for anything else you may need. Register using your Penn State email to get Amazon Prime (which gives you free shipping on your orders) for a discounted student rate.

Transportation

Public transportation (bus & train schedules): http://www.septa.org/

Bus, van and shuttle schedules: http://abington.psu.edu/bus-van-transportation

Regional rail/ bus schedules: http://abington.psu.edu/public-transportation

Hospitals Near Campus:

- Abington Hospital: 1200 Old York Rd, Abington, PA 19001
- Holy Redeemer Hospital: 1648 Huntingdon Pike Meadowbrook, PA 19046

Supermarkets Near Campus:

- Giant Food Store: 2350 Susquehanna Rd, Abington, PA 19001
- Aldi: 1495 Old York Rd, Abington, PA 19001
- Whole Foods Market: 1575 The Fairway, Jenkintown, PA 19046
- ACME Market: 323 Old York Rd, Jenkintown, PA 19046
- H-Mart 7320 Old York Road, Philadelphia, PA 19126

Malls Near Campus:

- Willow Grove Mall: 2500 W Moreland Rd, Willow Grove, PA 19090
- King of Prussia: 160 N Gulph Rd, King of Prussia, PA 19406(second largest mall in America!)
- Philadelphia Mills: 1455 Franklin Mills Cir, Philadelphia, PA 19154

Post Offices Near Campus:

- First Floor Sutherland building, to the left of main enterance.
- United States Postal Service, 1925 Keith Rd, Abington, PA 19001
- 611 Easton Rd, Willow Grove, PA 19090

Social Security Office:

• 2373 Welsh Rd, Philadelphia, PA 19114 Phone # (800)-772-1213 (call for working hours)

Driver Lisence Center:

2022 County Line Rd, Huntington Valley, PA 19006 Phone # (717) 412-5300 (call for working hours)

Emergency, On Campus, and Off Campus Mental Health Resources

Behavioal/Mental Health Emergencey	Emergency Phone	Non-Emergency Phone
Abington-Jefferson Health Emergency Trauma	911	215-481-2525
Center Crisis Service Program * 24/7		
1200 Old York Rd, Abington		
*Studetns will require transportation via ambulance		
Montgomery County Mobile Crisis *24/7	1-855-634	
*These crisis clincians will comem to our campus	HOPE (4673)	
Security Depertment *24/7 (Rydal Building)	215-881-7575	215-881-4450
Abington Police Department *24/7	911	215-885-4450
1166 Old York Road, Abington		

ADDITIONAL CRISIS RESOURCES

PENN STATE CRISIS LINE: 1-877-229-6400

*24/7 crisis hotline for students in crisis or for anyone trying to assist a students in crisis.

Reports from calls made are receiveed by a CAPS clinican for follow-up during regualr hours of operation.

NATIONAL SUICIDE PREVENTION LIFELINE

Suicidepreventionlifeline.org

1-800-273-TALK (8255) & Online CHAT OPTION

*24/7 free and confidential support from a live, trained, crisis counselor as well as prevention and crisis resources for all callers.

CRISIS TEXT LINE: Text LIONS to 741741

*24/7 free and confidential support via text from a live, trained, crisis counselor.

On Campus Counseling & Psychological Services M-Th 8-7 & Fri 8-5			
Karen Gould, Psy.D.	Julie Coughlin, M.Ed., LPC	Janee' Stevenson, M.S.	
Liscensesd Psychologist	Case Manager/Liscenced	CAPS Counselor &Doctornal	
CAPS Coordinator	Counselor	Candidate	
Cloverly 103	Lares 102B	Cloverly 102	
ksg17@psu.edu	jac5521@psu.edu	jns59@psu.edu	
215-881-7577	215-881-7353	215-881-7956	

Additional Resources

Abington Care Team (ACT) abington.psu.edu/abington-care-team

Description:

- When you are concerned about someone in the Penn State Abington community, you
 may fill out the Abington Care Repfort Form. The information will be securely
 transmitted to the ACT Chairperson and appreciate disposition will be made.
- Concerns may include financial struggles, emotional or stress issues, food insecurity,
 academic concerns, etc.
- There is an option for you to remain anonymous if you prefer.

*Details reviewed in the ACT submissions will be kept confidential (*see exception below). Information may be shared on a strictly "need to know" basis in order to refer the student to the correct campus resouces or intervene as appropriate.

Outpatient Community Resources

1. Growth Opportunity Center- gocenter.net

928 Jaymor Road, B-150

Southampton, PA

215-947-8654

*Contracted for two free sessions for Penn State Students

2. Aldersgate-aldersgatesrvice.org

42 North York Road

Willow Grove, PA

215-657-4545

*Contracted for three free sessions for Penn State Students

3. Centrala Behavioral Health

2500 Maryland Road, Suite 130

Willow Grove, PA

*Take both medicaid & uninsured